



2025 AGE DISPENSATION POLICY

1. Purpose and Scope

- 1.1 This document outlines NRL Victoria's policy on dispensation for a player to participate in an Age Group competition of a younger age than their nominal age group (i.e., play in competition below their own age), as determined in the NRL VIC Age Group list.
- 1.2 This policy is applicable to all registered junior players under NRL Victoria and to any club (including affiliate clubs) affiliated to NRL VIC.

2. Dispensation

- 2.1 Dispensation shall only be provided to play in the age group immediately below the nominal age group for that player.
- 2.2 Dispensation shall only be provided for the competition season that approval has been made. Dispensation shall be required to be applied for at the commencement of each competition season regardless of approved dispensation in previous seasons/years.
- 2.3 If a player is approved for Age Dispensation, the player can only play in that age group and not in their nominal age group as well. If a player is found to have done this both matches will be deemed a forfeit which shall then be subject to the terms of Forfeits under the NRL VIC Competition Rules and Regulations.



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2.4 Dispensation under this Policy shall **only** be provided to a player on the following basis:

- (a) The player has a legitimate physical and/or intellectual disability; and
- (b) The physical and/or intellectual disability has impacted on their physical and/or intellectual development relative to players of their own age; and
- (c) Sufficient medical documentation supporting the player’s application is provided.

OR

- (d) For tackle/contact competitions only, player’s weight falls below Lower Weight Limit for their age based on approximate 25th percentile:

U7	21kg or under may play U6
U8	23kg or under may play U7
U9	26kg or under may play U8
U10	29kg or under may play U9
U11	33kg or under may play U10
U12	37kg or under may play U11
U13	42kg or under may play U12
U14	48kg or under may play U13
U14 Girls	Players turning 13 in the current year and 38kg or under may play in U12 female only competitions; or 42kg or under may play in U12 girls or mixed competitions
U15	53kg or under may play U14
U16	57kg or under may play U15
U16 Girls	Players turning 15 in current year and 44kg or under may play in U14 female competitions
U17	61kg or under may play U16
U18	65kg or under may play U17
U18 Girls	Players turning 17 in the current year and 48kg or under may play in U16 female competitions



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2.5 Dispensation shall **NOT** be granted for the following:

- A player is physically smaller than the other players in their age group (unless qualifies under 2.3 [d] above)
- A player who has been approved to play down an Age Group already under the [18 Month Registration Policy](#)
- A player is new to the game
- A player wants to play with friends in a lower age group
- The club does not have a team or the league does not offer a competition for the nominal age group of that player
- A female player does not want to play league tag and wishes to play Mod football

2.6 Any match where a player that plays at an age group below their nominal age group without having prior approval under the NRL VIC Age Dispensation Policy will be automatically determined a Forfeit by that player's team which shall then be subject to the terms of Forfeits under the NRL VIC Competition Rules and Regulations.

2.7 Dispensation may be withdrawn by NRL VIC based on review of a player's capabilities having significant impact on the age group they have received Age Dispensation for.

3. Application Process for Age Dispensation

3.1 The application for Age Dispensation must meet timelines as required under the NRL VIC Competition Rules and Regulations, those being submission must be made by 5pm Wednesday before the next Scheduled Match.

3.2 The Age Dispensation Policy is to be initially administered by the club. However, final approval regarding the application of this policy will be provided by NRL VIC.

3.3 A parent/guardian makes a request to the player's club seeking Age Dispensation for their child to play in a grade below their nominal age group.

3.4 The parent/guardian then completes the online "**Age Dispensation Application Form**" available on the NRL VIC website.

3.5 If the application does not meet the requirements of this Policy, NRL VIC will advise the parent/guardian and club of the decision and reason(s) as to why.

3.6 If the application does meet the requirements of this Policy, NRL VIC will then review the submission and request any supporting documentation such as statement/verification of

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- medical condition and recommendation from a doctor (or equivalent based on nature of physical/intellectual condition).
- 3.7 If after receiving any supporting documentation as may be required, and the application meets all relevant criteria for support, NRL VIC will then forward to the club to make a decision to either deny or support the player's application for Age Dispensation based on the requirements of this Policy.
- 3.8 For weight-based dispensation, NRL VIC will require each player to be sighted at training or other appropriate means to assess the application prior to approval.
- 3.8 If the club denies the request for Age Dispensation the club shall advise the parent/guardian and NRL VIC of the decision and reason(s). NRL VIC will update MySideline as appropriate indicating the decision and reason(s).
- 3.9 If the club supports the request for Age Dispensation the club will inform NRL VIC who will in turn confirm in writing that the request has been approved and administer all MySideline requirements.
- 4. Appeal**
- 4.1 The Club and/or Parent/Guardian may appeal any decision made under 2.6 or 3.8 within 3 working days, and in this case the application is to be made to the Operations Manager who will present to the NRL VIC Appeals Panel.
- 4.2 A player is **NOT** permitted to play in age group below their own nominal age group until the decision of NRL VIC Appeals Panel is completed.
- 4.3 Any opposition club may appeal a player's Age Dispensation to the Operations Manager, providing appropriate evidence as to why, which if deemed satisfactory will be reviewed by the NRL VIC Appeals Panel. A player can remain playing in the age group they have Age Dispensation for until the review is completed.
- 5. Approvals**
- 5.1 If an application under this policy is approved for Age Dispensation, NRL VIC will advise the Club in writing of approval and update MySideline as required.